

Health Awareness

A Better Way To Fight Addiction

(NAPSA)—If you feel you drink more than you should, it probably isn't your fault. Researchers say a frequent source of addiction problems is the body's bioelectrical energy system.

Fortunately, there is available a breakthrough technique to



Rhonda Lenair

resolve alcoholism and other addictions. The theory is you don't need psychotherapy, counseling, biofeedback, hypnosis, 12-step concepts or long-term therapy.

In fact, this technique doesn't incorporate any of the traditional theories, philosophies or mainstream addiction therapy practices that are slow to show results or ineffective for so many who are suffering with addictions. Nor are there invasive machines. Just three short sessions can eliminate the physical and psychological cravings of an addiction almost instantaneously, without typical withdrawal symptoms and without pain.

Rhonda Lenair began synthesizing and modifying patients' bioelectrical systems in 1987. Since that time her Lenair Technique has helped more than 30,000 people overcome alcoholism, eating disorders, smoking, depression, stress, abuse and trauma and other problems.

Each session is integrated with medical intuitive feedback; Lenair is world-renowned for her ability

and expertise as a medical intuitive. Her work has been compared to that of "the Sleeping Prophet" Edgar Cayce.

Although Lenair is not a doctor, many have referred patients to her busy practice. Among them are Dr. Michael Johnson, psychiatrist and clinical instructor at Harvard Medical School, Dr. Phillip Stone, a prestigious plastic surgeon, Dr. Daniel Kinderlehrer, an internist and Dr. Richard Traister, a primary care physician.

Testimonials from Lenair's clients abound. "After that first twenty minutes...all physical craving and desire for alcohol has been gone from me," says firefighter Rick Bell. "I haven't been able to explain it but thank God, it's just gone! I am not simply suggesting that people with a drinking problem look into the Lenair Technique, I'm begging them to!"

"In my three and a half decades of interviewing clients or patients about products or services," says award-winning medical journalist Dr. Morton Walker, "it is the first time that I've encountered an audience who felt so much love, wonder, appreciation and enthusiasm for a dispenser of healing care."

To learn more about The Lenair Technique, schedule an appointment or schedule a medical intuitive consultation, go to www.lenair.com or call 888-412-8392.