

### A Natural Way To Fight Aging

(NAPSA)—Many people resign themselves to living with the signs of aging—when they don't have to.

#### The Problem

The vast majority of skin aging comes from exposure to sunlight, which triggers the generation of melanin, the pigment in freckles. Sunlight also damages the collagen and elastin in the skin, producing wrinkles. But even if you've had your fun in the sun, that doesn't mean it's inevitable for your skin to become less elastic and more wrinkled as you get older. In fact, if you can improve your circulation, you'll be well on your way to fresher, younger-looking skin.

#### An Answer

Fortunately, there's an all-natural and clinically proven way to save your skin and get your blood moving again: consuming antioxidants found in plants. Lychee fruit, in particular, is high in polyphenols—powerful antioxidants that help improve circulation. Its polyphenol content is second only to that of strawberries.

Made from concentrated lychee fruit extract, a nutritional supplement called Oligonol is available from Quality of Life Labs. The polyphenols in Oligonol help improve blood flow to the subdermal layer of the skin, which leads



**A growing number of people have found that protecting and improving the look and health of their skin can be helped by natural products such as lychees.**

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to faster skin cell turnover. As a result, Oligonol has been shown to help reduce both freckles and wrinkles. Using a camera-equipped electronic device to assess skin condition, one study in women aged 26-60 found that around half the participants taking Oligonol had an improved skin condition, especially in the area of skin roughness.

Freckles were reduced in 29 percent of the cases and wrinkles improved in 47 percent. Results were most visible in those over 40 years old. In addition, participants noticed less fatigue.

#### Learn More

You can learn more by calling (877) 937-2422 and visiting online at [www.q-o-l.com](http://www.q-o-l.com).