

# YOUR HEALTH

## Technology Provides Patients Unprecedented Access To Clinical Trials

(NAPSA)—Every day, thousands of people are faced with a critical medical condition that may not be responding to existing or traditional treatments. These people desperately seek information that is both reputable and easily understood. Increasingly, more and more people are turning to the Internet to find the latest information about new treatments for their condition. New Web sites such as Novartis Pharmaceuticals' eTrials are offering patients and doctors unprecedented access to information about clinical trials and new drugs in development.

In developing new medicines, the pharmaceutical industry must follow stringent FDA regulations to ensure these medicines are both safe and effective. However, because of this process, it can take years for a new medicine to reach patients—time many patients and their families sometimes just don't have. For some patients, access to new drugs in development can be a critical component of care.

The first place to go for information should always be the doctor's office. After all, your doctor is there to oversee the treatment

NOVARTIS  
eTrials

The facts about clinical trials

Find the information you need to make educated decisions about participating in a clinic trial. Whether you are a patient or a caregiver, our goal is to answer your questions and help you understand the trial experience. [More >>](#)

I find a clinical trial

By keyword:

By disease area:

View glossary of all diseases of study >>

Patients and clinical trials

Participating in a trial is an important personal decision. This section will help you gain a better understanding of what is involved in clinical trials and research (ACT). A glossary of terms, the basics about informed consent agreements, and the ability to find the right clinical trial for you. [More >>](#)

Are you a physician?

Search for keywords clinical trials and review FDA regulations. [More >>](#)

Novartis disease areas of study

Blood and Joints	Cardiovascular	Dermatologic/Skin
Diabetes	Digestive	Mental and Neurological
Oncology	Organ Transplantation	Respiratory

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plan and to monitor the patient along the way. If the patient is searching for additional information and is interested in learning all available options, visiting a Web site such as eTrials may prove helpful.

Novartis Pharmaceuticals Corp. is currently sponsoring clinical trials for dozens of disease conditions, including diabetes, breast cancer, irritable bowel syndrome (IBS), osteoporosis, rheumatoid arthritis, hypertension (high blood pressure), colorectal cancer, and much more. For a complete list of clinical trials, visit Novartis eTrials at <http://etri.als.novartis.com>.