



Parents' Guide

Are We There Yet? Keep Kids Happy On A Road Trip With Fun And Affordable Travel Gear

(NAPSA)—When traveling with children—even just around town—a little planning can go a long way. It's key to bring along plenty of distractions. Here are six hints that can help:

1. Get Ready:

Get the kids properly prepped for the trip by enlisting them in active play just prior to drive time. This will allow them to burn off excess energy so they can relax in the car.

For long trips, try to leave just after lunchtime (so the kids aren't hungry) and before afternoon nap time (so they can sleep in the car).

2. Make the Car Comfortable:

Install sunshades in the back-seat so naps last longer and there are no tears shed over bright sunlight in the kiddies' eyes. The Fisher-Price Color Changing Sunshade is a great buy at Target.com.

Pack a pillow, blanket, favorite toy and sippy cup. DwellStudio for Target and Circo both offer a variety of wallet-friendly fleece and plush blankets. Also pack a goody bag with favorite books and interactive toys.

3. Stick to Routines:

Maintain your child's routine as much as possible and take sufficient breaks for naps and meals.

Packing plenty of fun and healthy food can save time and money spent at fast-food restaurants. Smart snacks from Archer Farms at Target include 100-calorie organic cookie snack packs and fruit strips.

Save money and ensure roadside fun by planning a picnic for lunch or dinner. This will provide all family members with a little time to stretch their legs.

4. Maximize Out-of-Car Time:

A good rule of thumb is to take a 10-minute break every two



Traveling with kids is easier for families who plan ahead.

hours. Make rest stops fun by using a GPS system or Google Maps to locate schools and parks that have playgrounds.

5. Create a Mobile Cinema:

If your car doesn't already have a DVD player, bring along a laptop computer or portable DVD player to play your child's favorite movie. Make road-trip movie time special with popcorn and drinks.

6. Avoid Mishaps:

To alleviate accidents and the search for a clean bathroom, bring along a potty chair, such as the BabyBjorn Potty Chair, available at Target. Don't forget plenty of disposable baby wipes and disinfecting hand wipes. Target's owned brand of everyday essentials, up & up, offers affordable options to keep your kids and car clean while on the go.

Practice patience in the car with short, pleasant trips when your child is in a happy mood. A few good experiences will help set a positive travel pattern.

Learn More

For more information on all these budget-friendly travel products, visit a Target store or go online to www.target.com.