

Holiday Travel

Avoiding Holiday Travel Stress

(NAPSA)—You may not be able to do anything about the longer airport lines or bumper-to-bumper traffic during the holidays, but you do have control over one thing that—handled properly—can relieve a good deal of stress: packing.

“Remembering important items can make your trip,” says Brad John, travel expert and owner of travel retailer Flight 001. So what qualifies as “important”? And what special deals are out there that even the savviest traveler might not have heard of? Some of John’s favorite travel companions are:

Traveling Toothbrush—It’s never been easier to brave the holidays with a smile on your face. With the purchase of the convenient, two-in-one IntelliClean system from Sonicare and Crest (\$159.99), travelers can receive a free, limited-edition travel bag by top travel accessory designer Stephanie Johnson from Flight 001’s Web site (www.flight001.com) while supplies last. The offer is good from November 25 to January 31.

Pack The Power—Let’s face it, these days having your mobile phone and laptop with you is virtually essential. The Mobility Juice Adapter (\$140) recharges electronics anywhere, anytime, and can even power a cell phone and laptop simultaneously.

Cruise With Comfort—If you miss the comforts of home while traveling, a Flight 001 Aeropak (\$25) may be for you. It includes travel slippers, a shoehorn/lint-



The right items can make holiday travel easier.

brush, reusable earplugs, inflatable neck rest, eye mask and mints to help keep travelers comfortable for their entire trip.

In-Flight Fun—Long trips can seem even longer if you don’t have a good way to pass the time. Try packing a small travel game like travel roulette (\$45) or the celebrity-obsessed Name Game (\$16.95).

Moving Memories—There’s home movies and then there’s home movies. The Lomo Oktomat Camera (\$50), for instance, has eight tiny lenses that fire in turn with the click of one button to create a multiframe, miniphoto vignette. You can upload your masterpiece to lomography.com and create a full-action minimovie.

According to John, stress and travel don’t need to go hand-in-hand this holiday season—it just takes some thought. For more ideas, talk to a travel agent or visit the library for books on travel.