

# RADIO ROUNDUP

a collection of features, oddities,  
and helpful tips



**NORTH AMERICAN  
PRECIS SYNDICATE, INC.**

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87 WORDS, 30 SECONDS

## BEST DRESSED SALADS

MAKING YOUR OWN SALAD DRESSINGS TO SHOWCASE GARDEN-FRESH FRUITS AND VEGETABLES IS EASY AND PAYS OFF IN BOTH TASTE AND NUTRITION. YOU CAN FIND A VARIETY OF FLAVORFUL SALAD AND DRESSING RECIPES IN THE CANOLA-INFO "GET DRESSED FOR SUMMER" RECIPE COLLECTION CREATED BY T-V CHEF ROBIN MILLER. EACH RECIPE CAN BE PREPARED IN MINUTES AND IS MADE WITH CANOLA OIL, WHICH HAS THE LEAST SATURATED FAT AND MOST OMEGA-THREE FAT OF ALL COMMON COOKING OILS. THE RECIPES ARE AT [CANOLA-INFO--DOT--ORG](http://CANOLA-INFO--DOT--ORG).