

RADIO ROUNDUP

a collection of features, oddities,
and helpful tips



**NORTH AMERICAN
PRECIS SYNDICATE, INC.**

415 Madison Avenue, 12th Fl.
New York, New York 10017

81 WORDS, 30 SECONDS

BITE-SIZED INDULGENCES

THE DESSERT TABLE DOESN'T NEED TO BE YOUR ENEMY—NOT IF YOU THINK ABOUT SERVING SIZES. TO HELP, THERE'S THE "SKINNY MINI HOLIDAY DESSERTS" RECIPE COLLECTION FROM CANOLA-INFO. IT TAKES CARE OF PORTION CONTROL FOR YOU WITH DELICIOUS, SWEET BITES MADE WITH CANOLA OIL, WHICH IS LOW IN SATURATED FAT. RECIPES FOR MINI PEPPERMINT CUPCAKES, ALMOND-APRICOT SNOWBALLS, CHERRY PIE BITES, BROWNIE PARTY POPS AND MORE ARE TWO-HUNDRED CALORIES OR LESS PER SERVING. GET THE RECIPES AT CANOLA-INFO--DOT--ORG.