

# Decorating Tips!

## Bring The Garden Inside With Wallcoverings

(NAPS)—What was once considered a pastime for the elderly has now become one of the top three activities in the country. As evidenced from the plethora of books, columns, and Web sites devoted to this genre, it's apparent that gardening is now celebrated as one of America's most popular and well-loved hobbies.

The gardening boom is believed to be related to a subconscious need to slow our lives down, to return to our proverbial roots, and to get in touch with nature. Getting away from the noise and the clutter of the second millennium can have a positive effect on mental well being, experts say. And gardening is one of those get-aways that seems to lift the spirit, soothe the soul, and reduce ever-mounting stress from our lives.

It's now easier than ever to benefit from gardening's therapeutic advantages, even if you lack the soil space or the time. By choosing the right wallcoverings, you can enjoy the positive effects that hydrangea, lilacs, tulips, roses, pansies, orchids, and countless other florals have to offer.

In response to an increasing interest in gardening, Seabrook Wallcoverings is distributing a variety of new wallcovering collections that feature stylish, vibrant, colorful, and fresh new designs rendered by talented artists.

For example, the popular geraniums, roses, daisies, hollyhocks, irises, and fruits of artist Judy Buswell can now be found in the Seabrook Designs "Judy Buswell



**SPIRIT-LIFTING—Fresh new wallcovering designs reflect an increasing interest in gardening.**

Watercolors" collection, and the layered and distressed orchids, narcissus, hydrangea, fruits, rose trails, and textured leaves of well-known artist Cheri Blum have recently been adapted for the Sandpiper Studios "Cheri Blum" collection.

Artists Leila Serio, Maryjo Koch, and Gillian Stirling have also designed wallcovering collections that beautifully capture gardening imagery ranging from florals, to gardening tools, to birdhouses. To find out more about these and other gardening-related collections, call Seabrook at 800-238-9152.

No matter what shade of green your thumb may be, beautiful new wallcoverings are sure to give both your walls and your spirits a lift.