

DO IT & DIET

Calories To Burn

(NAPSA)—For people who wish to enhance their weight-loss efforts, a recent medical study suggests that a popular drink may provide the boost they're looking for.

According to the latest clinical study, published in *Journal of the International Society of Sports Nutrition*, Celsius—a scientifically formulated, calorie-burning beverage—not only burns up to 100 or more calories per can, it enhances the benefits of moderate exercise.



A popular drink has been shown to help burn calories and boost weight-loss efforts.

“This study suggests that Celsius provides a significant, additive adaption to the benefits of regular exercise,” states Jeffrey R. Stout, Ph.D., who served as the chief researcher on the study.

Celsius contains no sugar, no preservatives, no high-fructose corn syrup and no aspartame. It is available in seven great-tasting flavors: Cola, Orange, Wild Berry, Lemon-Lime, Ginger Ale, Green Tea Raspberry Acai and Green Tea Peach Mango. To learn more, visit www.celsius.com.