

Making Life Easier

Caring For A Loved One Who Is Far Away

(NAPSA)—Following her father's life-threatening fall, Peggy Stritch placed a call to her company's employee assistance program.

After being connected with Kathryn, a representative from Solutions for Caregivers, Stritch was immediately reassured that she would have access to the right care planning and care coordination services for her father, who suffers from Parkinson's disease and lives several hours away from her. With Kathryn's assistance, "Dad went from the hospital to transitional care, where he received the help he needed.

"Even though we are far away, Kathryn was on the phone with us two to three hours a day, every day," Peggy said. "She sent us weekly e-mails on his progress." In addition, "Kathryn has helped us better understand the trajectory of Dad's Parkinson's disease—what is going to happen and how we can navigate it with him.

"She has been with our family since his fall. We don't talk with her as much right now, but we know we can call her at any time," Stritch added.

Solutions for Caregivers "understands what you are going through. They become a trusted adviser through some very personal and critical family issues. When something like this happens, you are immobilized, and Kathryn helped me get to the next step so I could move forward."



If a loved one needs help while far away, both of you can still get the support you need.

The resource helped put Stritch at ease by helping her find ways to address her father's health needs. "This is a tremendous resource that many employees don't know about. If they don't know about it, they need to," Peggy added.

Solutions for Caregivers provides care planning and care coordination services designed to support the overall well-being of the person receiving care and help alleviate stress for you and your family. Services are available in all 50 states and can be tailored to your needs.

You can learn more at www.WhatIsSolutionsForCaregivers.com or by calling (877) 765-4473.