

Health Awareness



Carpets And Allergies: Unraveling The Myths

(NAPSA)—While some say that carpeting can make allergies and health problems worse, many believe there's more to the problem.

A recent survey conducted by the Institute of Inspection, Cleaning and Restoration Certification (IICRC) found that 75 percent of U.S. homeowners believe carpet to be the least effective type of flooring when it comes to reducing the conditions that aggravate allergies.



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However, according to IICRC Technical Advisor Jeff Bishop, scientific studies demonstrate that just the opposite is true. He says that experts, including the EPA, have found that carpet actually traps airborne allergens that can easily be vacuumed out. This underscores the importance of regular and proper maintenance.

The IICRC recommends that homeowners increase their vacuuming frequency and hire professional certified cleaners for deep cleaning. To learn more, visit www.CertifiedCleaners.org or call (800) 835-4624.