

YOUR GARDEN

Chicken Soup For The Gardener's Soul

(NAPS)—Usually gardeners water and grow flowers, but a new bouquet of stories about gardening can nourish and soothe the reader who likes to garden.

Chicken Soup for the Gardener's Soul (Health Communications Inc., \$12.95) shares the rich rewards of gardening—the joys, the hearty laughs, the inspiration and the solace. It shares the friendships, the family bonds and the love that comes from caring for—and about—plants.

Over 70 million Americans consider themselves gardeners. Whether you're a master gardener, a novice struggling to nurture a green thumb, or simply an admirer of flowers and foliage, these stories about blossoming friendships and love in bloom can nourish the soul and warm your heart.

Gardens are considered a refuge to many, offering much needed solace. After a typically busy day of phone calls and traffic jams, many people find it soothing to get out in the garden and sink their hands in the rich, cool earth. Reading this book has been compared to carrying a garden in your pocket.

Joining series co-founders Jack Canfield and Mark Victor Hansen in compiling this book are five respected journalists and talented gardeners: Cynthia Brian, Marion Owen, Carol Sturgulewski, Cindy Buck and Pat Stone.

Over 70 million Americans who consider themselves gardeners will appreciate the well-cultivated



Blossoming friendships and the full bloom of love are captured in an inspirational new book for gardeners.

chapters on Blossoming Friendships, Love in Bloom, Little Sprouts, The Seasons of Life and The Family Tree.

Anyone who has ever selected the perfect rose for a sweetheart, picked vegetables in Grandma's backyard or walked in the peace of an ancient forest, may savor the inspiration that flourishes in these stories.

For more information, call Health Communications at (800) 441-5569 or you may wish to visit www.hci-online.com.