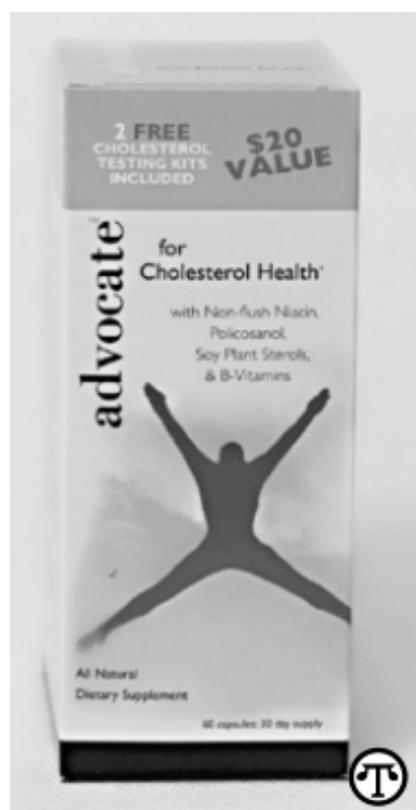


# health hints

## Cholesterol: The Low Down

(NAPSA)—Researchers may have good news for the 99.5 million Americans with high cholesterol.

A leading factor in coronary disease, high cholesterol can be managed with diet and exercise. Making that a little easier is a new, all-natural dietary supplement



that comes complete with a pair of safe, easy-to-use cholesterol testing kits that allow you to monitor your cholesterol both before and after using it.

**A dietary supplement combines natural ingredients that have been found to help lower cholesterol.**

and, if needed, lower it to the recommended level,” explained Dr. Joseph J. Jacobs, a former director of the Office of Alternative Medicine at the National Institutes of Health.

According to a recent survey, one in four adult Americans have never checked their cholesterol level. The supplement, called Advocate for Cholesterol Health, contains a combination of all-natural ingredients, which have been demonstrated in studies to help lower cholesterol without the side effects associated with prescription drugs. The supplement includes soy plant sterol, non-flush niacin, B-vitamins and odorless garlic.

You can learn more by calling 1-877-610-5808 or visiting [www.advocateforyourlife.com](http://www.advocateforyourlife.com).