



HEALTH AWARENESS

Chronic Headache And Pains May Now Be Alleviated By Dentistry

(NAPSA)—Do you have headaches, migraines, or neck, shoulder or jaw pain, ringing in your ears, or clicking in the jaw? Many of us have one or more of these symptoms but we simply live with the discomfort—from mild to severe—because physicians are often unable to locate a physiological cause. Now, however, many people are finding a “neuromuscular dentist” is the solution to chronic face, neck, back and head pain. Here are the reasons why:

According to LVI Global, a leading postgraduate center training neuromuscular dentists worldwide, headache and other related pain symptoms are often caused by TMD, or temporomandibular joint disorder. One of the common underlying causes of the disorder is malocclusion, otherwise known as a “bad bite.” Malocclusion occurs when your upper and lower teeth do not close together in the correct way, such as in an underbite or overbite. When teeth are misaligned, they cannot provide the muscle support needed for chewing and swallowing. These facial muscles are then forced into a strained position, resulting in pain throughout the face, head, arms, shoulders and back. Although a person may have beautiful teeth or had orthodontics to line the teeth up for aesthetic reasons, the muscles and joints may not be comfortable.

“Neuromuscular dentists can stop a lifetime of pain,” said Dr.



Chronic head and neck pain may be caused by a bad bite.

Bill Dickerson, founder of LVI Global.

Neuromuscular Treatment Explained

It may surprise you to know that the majority of people in North America suffer a greater or lesser degree from TMD, but it is relatively easy to correct.

“First the neuromuscular dentist determines the optimal position of the jaw by measuring the relaxed position of the head and neck muscles, and then repositions the jaw to achieve those measurements,” Dickerson said. Treatment options include adjusting the bite using orthotics, orthodontics, or restoring the teeth to their correct positions.

To learn more about TMD or to locate a neuromuscular dentist near you, log on to www.leadingdentists.com.