

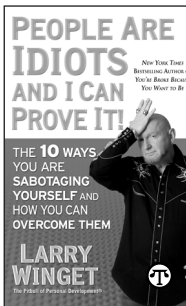
# GETTING YOUR LIFE TOGETHER

## Cleaning Up Your Mess

(NAPSA)—What you know makes little or no difference in your life. What you *do* with what you know makes all the difference.

That's the key message of "People Are Idiots and I Can Prove It!: The 10 Ways You Are Sabotaging Yourself And How You Can Overcome Them" (Gotham Books), a practical new guide from best-selling author Larry Winget.

With his signature straight



talk, Winget—known as the “Pitbull of Personal Development”—tells it like it is on what he calls “life’s messes” and offers sound, simple solutions on subjects such as

business, family, health, being fat, being stupid, success, money and more.

“People Are Idiots” is full of real-life examples and practical detailed “Action Lists” of steps for change. Winget bases all his advice on these basic principles:

- Your life is your own damn fault.
- Take responsibility for it.
- Learn what you need to do to fix it.
- Take action on what you’ve learned.
- Enjoy the results.

“People Are Idiots” is available wherever books are sold. For more information, you can visit [www.larrywinget.com](http://www.larrywinget.com).