

## How Low Can We Go? *Clinical Researchers Seeking Volunteers*

(NAPSA)—Women who suffer from moderate to severe hot flashes associated with menopause may be eligible to participate in a nationwide research study in their area. The study will evaluate whether lower doses of currently FDA-approved hormone patches will help reduce the number and severity of moderate to severe hot flashes.



Many postmenopausal women suffer from vasomotor symptoms, commonly marked by hot flashes and find them troublesome enough to seek medical treatment. Hot flashes are considered to be moderate to severe when they cause perspiration or the sensation of heat with sweat. Estrogen therapy has been used for more than 50 years for the management of menopausal symptoms and in recent years has taken a trend toward lower doses.

“Women with moderate to severe hot flashes can have discomfort throughout the day and often have trouble sleeping at night,” said Dr. Wulf Utian one of the lead investigators in this research study. “Women should not have to deal with this daily intrusion, and we hope this research study will help us find a way to treat moderate to severe hot flashes.”

Researchers from approximately 60 medical facilities across the country are now enrolling and screening volunteers who are 40 years of age and over, with moderate to severe hot flashes to participate in this research study sponsored by Berlex, Inc. Qualified participants may be asked to use a patch containing low dose hormones, to determine if the severity of hot flash symptoms are reduced. Eligible volunteers will receive, at no cost, a physical exam and study-related medical care by a licensed physician. They will also be compensated for their time and travel expenses.

Women interested in this clinical trial can call 1-877-233-5274 for more information and find out if they qualify to participate and if there is a research facility nearby.



*Editor's Note: Do not run this release after July 25, 2005. Clinical trials available in the following states: AL, AZ, CA, CT, FL, GA, ID, IL, IN, LA, NC, NE, NM, NV, OH, PA, TN, TX, UT.*