

Skin Sense

Cold Weather Skin Care

(NAPSA)—Avoiding dry skin in the colder months can help you save face year-round. Still, the National Health Interview Survey found that at least 81 million Americans experience dry, itchy or scaly skin when temperatures drop.

Try these tips for protecting skin:

- **Total Care**—Used daily, a noncomedogenic, hypoallergenic, fragrance-free product such as Theraplex HydroLotion can help



You can protect skin from cold weather's damaging effects.

keep skin hydrated. The product line is even formulated to address the drying, damaging effects of winter.

- **Total Protection**—Theraplex Emollient can help heal and protect skin from intense dryness resulting in dry, cracked hands, feet, lips, elbows and knees. The company's ClearLotion helps to replace essential oils when applied to wet skin.

- **Total Healing**—Look for products such as Theraplex FT Exfoliating Emollient, which contains a beta hydroxy acid. It can improve problem areas such as feet and elbows by sloughing off dead skin cells and deeply moisturizing.

For more information, visit www.theraplex.com.