

Cooking Up Love In The Kitchen

(NAPSA)—A night out on the town can be quite romantic, but what about staying home and cooking a favorite meal together? A new survey says couples who cook together at least three times a week are more satisfied with their relationships than couples who cook together less often.

The survey of recently married and engaged couples also identified a number of relationship benefits to cooking together, including “we talk more” (30 percent), “laugh more” (19 percent), “work more as a team” (18 percent), and “are more relaxed” (13 percent).

Ellen and Michael Albertson, known as The Cooking Couple™ and authors of the hot new book, *Temptations: Igniting the Pleasure and Power of Aphrodisiacs* (Simon & Schuster, Feb. 2002), say cooking meals for one another is an opportunity to celebrate love and romance every day. They also say so-called aphrodisiacs such as chocolate, jalapeño peppers, and seafood are all around us and are fun and easy to cook with.

“The key to cooking with ‘aphrodisiacs’ is to keep it simple,” says Michael Albertson. “Couples don’t need to have an advanced knowledge of cooking to enjoy the benefits of ‘aphrodisiacs’—just a hearty appetite for food and romance.”

Engaged couples who want to put a little spice in their relationship can get a free brochure of “Little Love Potions” recipes as well as a beautiful set of two French White ramekins just by registering for CorningWare.



The “Little Love Potions” recipe booklet features easy-to-make desserts like Vanilla and Raspberry Creme Custards, great as a romantic dessert for two.

Recipes featured in the brochure include romance-inspiring recipes like “Melt Your Heart Molten Chocolate Cake,” “Aphrodisiac Apple Cinnamon Crisp” and “Fondue Just for Two.”

By combining modern practicality with stylish design, CorningWare products meet the needs of today’s couples and help them prepare meals with a minimum of steps while making them feel great about what they serve at the table.

The company’s French White collection is great for celebrating all of life’s moments. It boasts an array of features, including ergonomic handles for improved safety and comfort, vented and translucent plastic covers to optimize freshness and microwave heating, and contemporary glass lids with easy-grip knobs.

For complete details on the “Little Love Potions” gift with registry offer, see your retail bridal registry consultant, or visit www.corningware.com/bride.