

AMERICA THE BEAUTIFUL

Cool Vacation Ideas

(NAPSA)—One of America's few remaining unspoiled island paradises can be a great place to cool off and cool down.

Temperatures on Amelia Island off the coast of Northeast Florida are balmy than anywhere else in the state. Atlantic breezes sweep the shore and keep the island cool and refreshed, day and night—making it one of the coolest places to be in Florida during the late summer.

Here are some more cool things about Amelia Island:

- **Seafood.** Many local favorites are brought fresh to the docks daily—meaning the island's many restaurants offer the freshest fresh catches, such as soft-shell crab, tuna, mahi-mahi, kingfish, flounder and shrimp.

- **Cool activities galore.** For the active vacationer, Amelia offers 117 holes of championship golf, tennis on 40 courts (many lit for night play), biking, nature tours, boating, sailing, beach horseback riding, marsh kayaking and more.

- **A trip back in time.** The only place in America claimed under eight flags, visitors can relive the island's past at the Amelia Island Museum of History in the old jail house; enjoy walking tours of the island's 52-block historic district, filled with charming B&Bs, period homes and public buildings; see Civil War reenactments in Fort Clinch State Park and the like.

- **Refresh your soul.** If relaxation is more your style, you can visit one of the local day spas or enjoy the beach with a good



Uncrowded beaches, moss-covered oaks and stunning sunsets make Amelia Island a great late summer destination.

book—perhaps by one of Amelia's many authors.

- **Great and quaint shopping.** In Fernandina Beach, shoppers will find the Centre Street area lined with specialty shops; bookstores; local art galleries; men's, women's and children's boutiques; antiques markets and more.

At the south end of Amelia on A1A, you'll find home furnishings stores and more boutiques. The resorts offer logo items, resort wear, golf and tennis apparel.

- **Accommodations for every taste.** The island boasts nine bed and breakfast inns; three full-service resorts; family-oriented hotels; beachfront home and condominium rentals; and campgrounds.

For more information on the region, named one of the National Trust for Historic Preservation's "Dozen Distinctive Destinations" in 2002, visit www.CoolAmelia.com or call (800) 2-AMELIA.