

# Country Legend Naomi Judd Takes On Pain

## ***Music Icon Joins Partners Against Pain To Shed Light On Public Health Issue Facing Millions***

(NAPSA)—Singer, songwriter and patient advocate Naomi Judd has joined the national education program *Partners Against Pain*® to speak up for those living with pain, an often devastating condition that affects 75 million Americans—more people than diabetes, heart disease and cancer combined.

Judd—a former nurse who has seen those close to her struggle with pain—understands the impact that untreated pain can have on a person's mind, body and spirit. "Pain robs people of their lives. It can interfere with everyday activities that most of us take for granted, like going to work, driving a car, or even hugging your children," says Judd. "That's why I am speaking out—pain can and should be treated."

In many cases, managing pain requires an integrative approach that combines prescription medications with complementary techniques such as physical therapy, acupuncture and massage. Since each person's pain is unique and different, Judd is encouraging people with pain and their caregivers to learn as much as they can and advocate for themselves and their loved ones to get proper care.

An integral part of *Partners Against Pain*® is an informative Web site with tools and content to help people with pain, their caregivers and health care professionals better understand the condition. The



**Naomi Judd is speaking up for those living with pain. To learn more, go to [www.partnersagainstpain.com](http://www.partnersagainstpain.com).**

site—which can be accessed at [www.partnersagainstpain.com](http://www.partnersagainstpain.com)—offers a range of information about various painful conditions including arthritis and cancer, as well as pain assessment and measurement tools, and links to pain education and advocacy groups.

Judd hopes that her involvement with *Partners Against Pain*® will help to improve the way pain is perceived and managed, and inspire those in pain to stay informed and get relief. "There is help for people with pain—no one should suffer in silence," says Judd.

*Partners Against Pain*® is a national education program provided by Purdue Pharma.