



Eye on Health

Dealing With Dry Eye

(NAPSA)—Scientists have made a surprising discovery that could increase your comfort if you ever suffer with dry eyes. Previously doctors thought that preservatives made artificial tears sting or burn and limited their effectiveness. So, many artificial tears don't contain preservatives. Now,



If you have dry eyes, recent research may be useful.

scientists have discovered that the main purpose of tears is to provide the eye with a special balance of electrolytes—salts such as sodium, potassium and bicarbonate that other tissues get from blood. Artificial tear solutions that wash out or change this electrolyte balance can be harmful, leading to irritation. That's why no matter how much or how often you use traditional artificial tears your eyes may never seem to really get better.

As a result of their research, doctors have developed TheraTears®, an artificial tear that's preservative free and contains a patented electrolyte balance shown to match that of human tears. Each drop provides the same electrolyte balance as the normal tear film and provides soothing dry-eye relief that's healthy for the eye. "TheraTears comes in three varieties," said Jeffrey P. Gilbard, M.D., inventor and Clinical Assistant Professor of Ophthalmology at Harvard Medical School, "Preservative-free for persistent dry eye, in a bottle with a disappearing preservative for mild dry eye irritation, and in a liquid gel for nighttime." The advance is so significant, said Dr. Gilbard, he created a format for every dry eye need.

For more information, visit www.theratears.com.