

# MONEY MATTERS



## Dining Out Without Breaking The Bank

(NAPSA)—Even if the high cost of food has left a bad taste in your mouth, there are still affordable ways to take the whole family out to dinner.

Experts say the key is to check out restaurants that offer ways to save, such as kids' menus, free refills on drinks, value meals and frequent, limited-time offers. Not only are these new items tasty, they are usually offered at a good value. You can learn about a place by visiting its Web site to see what it offers before loading the family into the car.

Of course, a restaurant is only a good value if everyone likes what's on the menu, so be sure to visit places with varied dishes to choose from. And since it's rare that the whole family is in the mood for the same type of food, eat at places that serve breakfast, lunch and dinner throughout the day.

For instance, IHOP, which most people know as a breakfast place, serves lunch and dinner as well. In fact, it recently launched new menu items ranging from salads, burgers and sandwiches to barbecue chicken and steaks. Here's a look at some delicious new dishes:

• **Tuscan Chicken Griller**—A juicy, grilled chicken breast with melted provolone cheese, oven-



**There are fun, affordable ways to take the family out to dinner.**

roasted tomatoes, romaine lettuce and sun-dried tomato pesto on a grilled Romano-Parmesan bun.

• **Mediterranean Lemon Chicken:** Rosemary, garlic and lemon marinated double breast of chicken seared to seal in the flavor. Served with seasoned red-skin potatoes and steamed broccoli hollandaise.

• **Chicken, Spinach and Apple Salad**—Fresh spinach tossed with balsamic vinaigrette and apple slices, then topped with diced crispy-fried chicken, crispy bacon, a hard-boiled egg, cheddar cheese and served with garlic bread.

For more information or to read the full menu, visit [www.ihop.com](http://www.ihop.com).