



# spotlight on health

## Do You Think You Have Allergies?

(NAPSA)—Are you one of the millions of people who go to the wrong doctor for red, itchy, watery eyes during allergy season?

If you're a contact lens wearer, irritated eyes probably aren't a sign of allergies—just pollutants that have built up on your contact lenses. If that's the case, you should be seeing your eye care professional rather than an allergist.

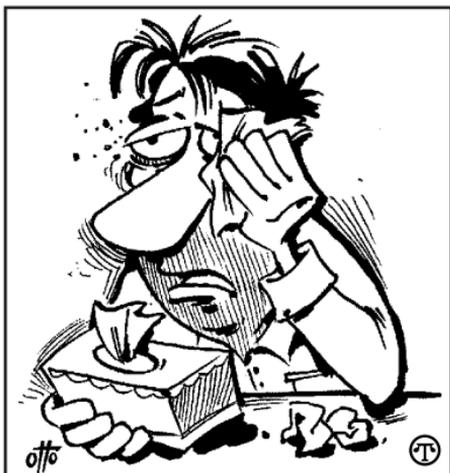
Seasonal allergic eye disease, or seasonal allergic conjunctivitis (SAC), only occurs in ten percent of the U.S. population yet it is the most frequently diagnosed eye condition during the spring and summer months.

Even if you are not allergic to them, pollen and other airborne allergens are irritating to eyes leading to infection, blurred vision, burning, redness and swelling. For contact lens wearers, the pain can be unbearable.

Pollen and allergens can get onto the surface of contact lenses. Daily disposable lenses are ideal since any irritants that have adhered to the lenses are discarded before they have a chance to build up.

A study conducted during high pollen season found that fewer contact lens wearers who tried Focus® DAILIES®, a one-day contact lens, reported symptoms of burning and redness.

A variety of eye conditions often masquerade as allergic reactions and patients could be taking unnecessary allergy medication that provides them inadequate relief. An Ohio State University



**www.EyeRelief.info helps teary eyed consumers find relief.**

study reports that two-thirds of people taking prescription allergy drugs may not actually have allergies. Experts recommend that people avoid over-the-counter allergy medications and see their eye care professional to be certain they are not suffering from a serious condition.

If you think you have eye allergies, take a short quiz at [www.EyeRelief.info](http://www.EyeRelief.info) to find out if your red, itchy, watery eyes mean you're a SAC sufferer, or not.

What you can find at [www.EyeRelief.info](http://www.EyeRelief.info)

- Free seasonal tissues
- A short quiz to determine if you suffer from allergies
- Seasonal tips to help you survive pollen season
- Free trial offer for DAILIES one-day contact lenses
- Allergen Map

