



# Our Insect Enemies



## Don't Let Those Bed Bugs Bite

(NAPSA)—News about bed bugs is nothing to sleep on. In fact, the old nursery rhyme “Good night sleep tight, don’t let the bed bugs bite” is no longer the cute little saying that meant sleep well. A brief survey of pest professionals indicates that bed bugs are showing a resurgence in the United States.

The resurgence of these nocturnal blood-feeding insects are not limited to hotels. Apartments, hospitals, nursing homes and single-family dwellings are all experiencing increased bed bug infestations.

What can you do?

According to the National Pest Management Association, some control strategies include:

- Consider using a vacuum to initially collect as many of the bugs as you can. Be aware that sanitation alone will not eliminate a population of these bugs.

- Have a licensed pest management professional do a thorough identification to be sure what, and where, the pests are.

Surprisingly, Good night sleep tight isn’t the only nursery rhyme with a history.

Ring around the rosie, Pocket



**With the population of bed bugs on the rise throughout the country, bed bugs, which can be transported in luggage, are not limited to hotels.**

full of posies; achoo, achoo...all fall down is actually about the bubonic plague.

Little Miss Muffet who sat on a tuffet and was frightened by that spider was actually a real person. Her name was Patience, and her father Thomas Muffet was an entomologist who believed that spiders had medicinal qualities.

For information about pests and finding pest management professionals nationwide, visit [www.pestworld.org](http://www.pestworld.org).