



Eye on Health

Dry Eye, Dry Mouth And Diet

(NAPSA)—There's good news for the estimated 15 million Americans who have the condition known as dry eye, as well as for those who have dry mouth.

It's well known that omega-3 essential fatty acids offer a wide range of health benefits including reducing the risk of sudden death from heart disease and stroke. Now a new study has shown that a unique omega-3 supplement,



TheraTears Nutrition, is helpful in relieving symptoms of dry eye and dry mouth. While most omega-3 supplements contain either

flaxseed oil or fish oil, TheraTears Nutrition contains a blend of both

Symptoms of Dry Eye Include:

- Sandy, gritty irritation
- Burning



Research indicates that a unique omega-3 supplement can relieve symptoms of dry eye and dry mouth.

flaxseed oil and fish oil that work together synergistically to improve tear and salivary function. Flaxseed oil has been shown to thicken the oil layer of the tear film, reducing evaporation and preserving tear moisture, while the two oils together improve tear and salivary function.

Said Jeffery P. Gilbard, MD, "The benefit of TheraTears Nutrition is more dry eye comfort and more dry mouth comfort all day long."

To learn more, visit the Web site at www.theratears.com.