

# health hints

## Easing Chronic Pain

(NAPSA)—Fifty million Americans suffer from chronic pain. Often difficult to treat, chronic pain can interfere with a person's life at all levels. Fortunately, new technology offers hope.



**Getting out and about can be easier for many people with chronic pain thanks to new technology.**

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“The problem with pain is that it affects every person differently,” said Dr. Todd Whitehurst, vice president of emerging indications for Advanced Bionics Corporation, a leader in pain management technologies.

“While some patients respond well to medications or surgeries, others require more advanced treatment, such as a spinal cord stimulator. Systems like the Precision™ allow patients to directly target pain and receive comfortable, long-lasting and effective relief.”

There are two key points to remember when dealing with pain, he adds.

**1. Ask the expert.** Your doctor is the best resource for determining the source of your pain, identifying appropriate treatments and recommending specialists.

**2. Know your options.** Educate yourself so you can work with your physician to develop a treatment program. You can view educational Web sites, such as [www.ControlYourPain.com](http://www.ControlYourPain.com), [www.painfoundation.org](http://www.painfoundation.org), [www.asipp.org](http://www.asipp.org), [www.ampainsoc.org](http://www.ampainsoc.org), [www.theacpa.org](http://www.theacpa.org) or [www.aapainmanage.org](http://www.aapainmanage.org).