

Blood Test Now Available To Identify Food Sensitivities in Kids

(NAPSA)—Certain common childhood ailments may be indicators that a child has allergies and is at risk for developing asthma. Eczema, which is often caused by sensitivities to foods, is among these conditions and often the first sign of a lifelong predisposition to allergies. However, before a parent tosses the family's favorite foods, a child should be tested.



“Testing patients with a specific IgE blood test called ImmunoCAP can provide valuable information about a child’s sensitivities to foods,” said Dr. Damon Raskin, board-certified internist in Pacific Palisades, Calif. “These test results will tell parents what foods to eliminate from their child’s diet to more effectively manage symptoms and prevent more serious complications like asthma.”

Historically, physicians have diagnosed these sensitivities through clinical history, physical exam and oral food challenges.

“ImmunoCAP provides an innovative way to detect food sensitivities without exposing patients directly to allergens and risking a serious reaction, as you do with food challenges,” said Dr. Raskin.

For more information, visit www.questdiagnostics.com/hcp/topics/immunocap/immunocap.html.