

Menopause Survival Kit

(NAPSA)—An educational Web site is offering women a free Perimenopause and Menopause Survival Kit that provides access to critical information and products to better manage the menopause transition. The kit is filled with educational literature, plus prescription and non-prescription options.



Women now have access to a free Survival Kit that can help them manage menopause.

The average age of menopause in the U.S. is 51. However, most women over 40 start experiencing some changes in their menstrual cycle that may signal the start of perimenopause.

“Although menopause is a natural stage of life, it can be very mysterious and riddled with uncomfortable symptoms,” says MenopauseRx.com founder John Sunyecz, MD. “The Survival Kit helps women learn about a multitude of options, including natural alternatives to help relieve their symptoms.”

MenopauseRx.com was developed in 1998 by Dr. Sunyecz, a board-certified, practicing Ob/Gyn with a background in pharmacy. The Web site provides clinically strong information on a broad range of topics in an easy-to-use format. To order a free Survival Kit, visit www.MenopauseRx.com.