

NUTRITION NEWS & NOTES

Energy Drink With A Healthy Heritage

(NAPSA)—Studies have shown that specific compounds in green tea are potent weapons against life-threatening disease, including cancer, stroke and heart disease. The power of green tea is shown in many recent scientific articles that describe benefits on body functions such as immunity, cardiovascular function, brain function—even weight control. In addition, certain components of green tea may help improve blood cholesterol levels.

Now, taking the benefit of green tea one step further, a new product from AriZona Beverages called Green Tea Energy Drink combines an ancient beverage with a modern energy formula—a complete, balanced blend of vitamins, minerals and herbs—for a healthy boost.

One of the key components of this new drink is B vitamins, which are necessary for cell growth, health and metabolism. They play a critical role in maintaining a healthy central nervous system and can dramatically affect mental functions by helping to maintain a positive mental attitude and enhancing learning abilities, including cognition, long- and short-term memory, stimulus response and mental energy.

In addition to 100 percent of the recommended daily values of vitamins B6, B12 and C, AriZona Green Tea Energy Drink contains such performance ingredients as:

- **Guarana**—A naturally occurring caffeine source that has traditionally been used as an energy tonic and to increase mental acuity and long-term memory, increase physical endurance, combat premature aging and increase libido.



A new, green tea-based energy drink combines modern nutrition with the goodness of tea and traditional herbs for a unique, thirst-quenching creation.

- **Taurine**—One of the most abundant amino acids in the body, taurine regulates heart-beat, maintains cell membrane stability and helps prevent brain cell overactivity.

- **Panax ginseng**—A classic root that contains compounds known as adaptogens. Adaptogens are believed to be helpful for people dealing with physical and/or emotional stress.

AriZona Green Tea Energy Drink is a lightly carbonated, thirst-quenching creation that offers a unique combination of science, performance and refreshment in a great-tasting quaff. It's available in both regular and diet—both packing the same terrific flavor and nutritional punch. To learn more, visit the Web site at www.arizonabev.com.