

# Get Away This Week

## Enjoy A Leisurely Break in Hampton, Va

(NAPSA)—The next time you need a quick getaway to soothe your soul and satisfy your fun side, consider a destination that offers history, beaches, and close proximity to more than 100 exciting attractions.

Here's a look at a few of the treasures awaiting visitors to Hampton, Virginia.

- One popular attraction is the Adventures In Flight gallery at the Virginia Air & Space Center. The gallery features a full-size DC-9 aircraft and hands-on exhibits simulating the flight experience in a variety of aircraft. Interactive exhibits, such as "A Day in the Life of a Suitcase" and "Air Traffic Control Slang," reveal the sometimes-mysterious aspects of air travel. The 3-D IMAX Theater presents the most exciting, adventurous IMAX experience possible.

- The Power Plant of Hampton entertainment district is anchored by Bass Pro Shops Outdoor World. It's home to several new theme restaurants centered on a promenade overlooking Bass Pro Shops Lake. The restaurants include Parrot Beach Café, Saddle Ridge Rock-n-Country Saloon with Rascal's Comedy Club, McFadden's, Johnny Carino's Country Italian, Lone Star and Joe's Crab Shack.

Bass Pro Shops interactive displays such as skeet and laser arcades, fly-casting and a rock-climbing wall make a visit to the national retailer an adventure. Divers demonstrate fish feeding in the 10,000-gallon fish tank sev-



**Whether you prefer history or space exploration, hiking or dining, you can find a fun time in Hampton, Virginia.**

eral times a week. A great way to gear up for camping is to participate in a workshop, such as "Backpacking" or "Cooking on the Trail." Scout badge programs and the weekend "Classic" events, where expert outdoorsmen impart their knowledge and the latest sporting technology is unveiled, are also fun things to do.

- Downtown, the Hampton History Museum presents 400 years of history and special changing exhibits in ten fascinating galleries.

- Nearby, The Cousteau Society has opened a gallery showcasing artifacts and photography from Jacques Cousteau's undersea expeditions.

- The Casemate Museum at Fort Monroe, with the cell in which confederate president Jefferson Davis was imprisoned following the Civil War, is within the historic fortresses' moat-encircled walls.

- Visit the lovely Hampton University campus, dating to 1868. Begin at the Hampton University Museum, with a collection of 9,000 multicultural artifacts and works of art. From there, take a walking tour of campus and see Emancipation Oak, Memorial Chapel and Mansion House, among other National Historic Landmarks.

An excellent way to experience much of the excitement Hampton offers is to purchase the Hampton Day Pass Attractions Ticket. The combination ticket includes admission to the Virginia Air & Space Center, Riverside 3-D IMAX Theater, Hampton History Museum, the Miss Hampton II, a spin aboard the Hampton Carousel and the Bass Pro Shops rock-climbing wall at one low price for adult and youths ages 4 to 11. The attractions ticket may be purchased at the Hampton Visitor Center, where all visitors also get a Hampton Day Pass Value Card, with special values and discounts at Hampton shops, restaurants and service-providers.

To learn more, call 1-800-800-2202 or visit [www.hamptoncvb.com](http://www.hamptoncvb.com).