

# COOKBOOK CORNER

## Enjoy Home Cooking, Even When Far From Home

(NAPSA)—“From growing up an Army brat to traveling the country in search of local flavors, I’m familiar with life on the road,” says Sunny Anderson, Food Network host and author.

### Away From Home Cooking

That’s one reason she partnered with national hotel chain Extended Stay America to create “Away From Home Cooking,” an on-the-go cookbook featuring 24 supersimple recipes that deliver the comforting taste of home wherever the road leads, from vacation homes and college dorms to campsites and even first-time apartment rentals. It also features such useful tips for travelers as:

- Use precooked rotisserie chicken to add extra flavor to mac ‘n’ cheese.

- At supermarket salad bars, look for individual-sized salad dressing packets to use to top salads and sandwiches, and use as a marinade.

- Get creative—use a pot to mix big batches of pancake batter.

Anderson’s well-traveled culinary experience inspired the exclusive recipes, including this delicious dessert or evening snack:

### Memphis Blues ‘n’ Blackberry Compote with Ice Cream

- 1 apple, peeled, cored and chopped
- 1 pint blueberries
- 1 pint blackberries
- $\frac{3}{4}$  cup sugar
- 2 teaspoons fresh lemon juice
- Vanilla ice cream
- Granola

Combine apple, blueberries, blackberries, sugar, lemon juice and  $\frac{1}{2}$  cup of water in large saucepan. Cook, uncovered, over medium heat, while gently mashing until fruit is tender and liquid reduces



**Food Network host and cookbook author Sunny Anderson can help you cook a great meal when you’re on the road.**

**slightly to a syrup, about 20 minutes. Serve fruit mixture over ice cream, sprinkled with granola.**

All the recipes can get home cooking to go mobile with simple methods, ingredients and utensils, such as those found at Extended Stay America, the largest owner-operated hotel chain with fully equipped kitchens in every guest room.

### Where Travelers Can Get Cooking

These amenities include a full-size refrigerator, a two-burner stove top, a microwave, a toaster and a coffeemaker, plus cooking utensils, dishes and cutlery—and now, the new cookbook—providing the option to dine in instead of the usual choices of delivery and carryout. With 632 Extended Stay America locations, travelers can enjoy free in-room Wi-Fi access and flat-screen TVs with premium channels, complimentary grab-and-go breakfast and pet-friendly accommodations.

### Learn More

To see what’s cooking, go to [www.AwayFromHomeCooking.com](http://www.AwayFromHomeCooking.com); to book a stay, call (800) 804-3724; or for more information, visit [www.ExtendedStayAmerica.com](http://www.ExtendedStayAmerica.com), [Facebook.com/ExtendedStayAmerica](https://www.facebook.com/ExtendedStayAmerica) and [Twitter.com/ExtendedStay](https://www.twitter.com/ExtendedStay).