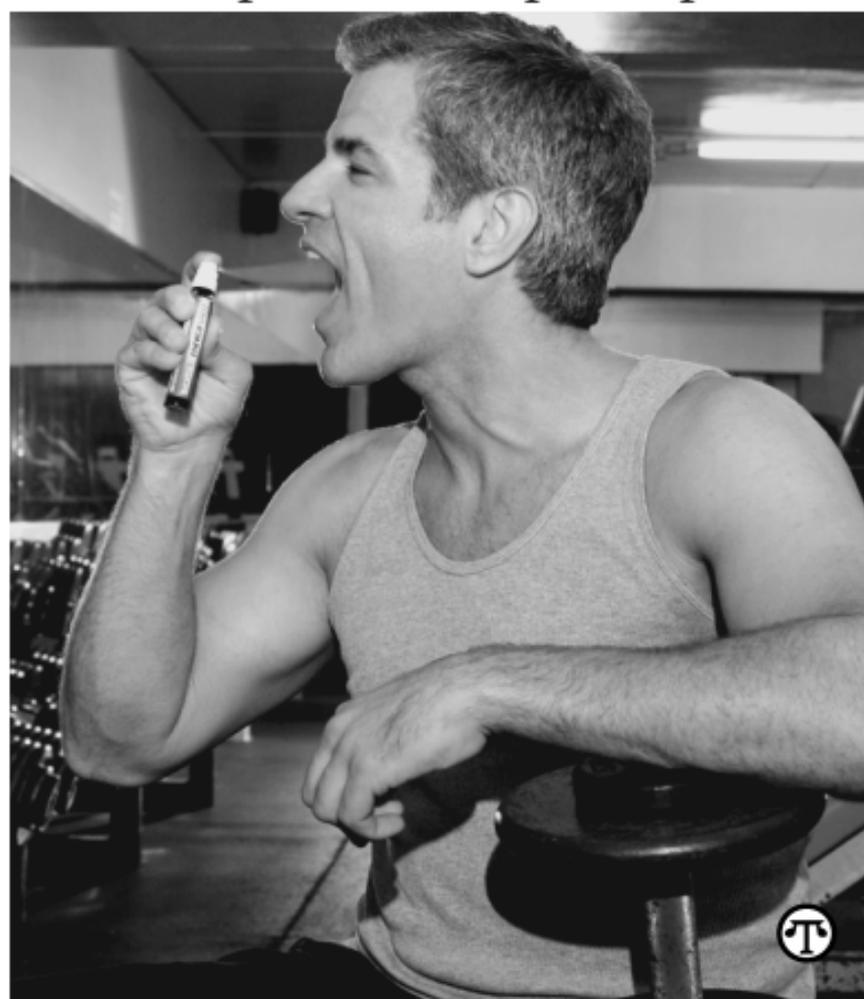


PEOPLE ON THE MOVE

Fighting Fatigue

(NAPSA)—Between work and family, Americans often find themselves overscheduled and under-energized, no matter how much sleep they get. And the typical fixes—coffee or caffeinated energy drinks—can lead to weight gain and a case of the jitters.

Now there's a fast-acting pick-me-up in a new spray bottle—a natural vitamin B₁₂ supplement that helps secure peak perfor-



Tired after working out at the gym? Reach into your gym bag for Energy Shots.

mance no matter what the time of day. Available in a convenient oral spray, this great-tasting energy boost provides renewed energy for up to five hours.

Here's how it works: The body gets tired from lack of food, sleep or just wear and tear. But with NutraMist Energy Shots, the user gets an immediate boost of energy and a feeling of well-being without the empty calories and fullness experienced when drinking coffee or energy drinks. The exclusive "SmartSpray™" rapid-release technology emits microsize droplets of the ultraconcentrated formula that are quickly absorbed in the body.

To learn more, visit the Web site at www.NutraMistProducts.com.