

Nutrition for Active Families

Finally...A Healthy Alternative To Soda

(NAPSA)—Parents aren't the only ones worried about their children's health. As a result of childhood obesity issues, school systems throughout the country have removed most soft drinks from campus cafeterias and vending machines. But while parental concern and the school districts' actions are steps in the right direction, they don't serve to quench children's thirst for sweet-tasting, bubbly drinks.

Here's news that children and their parents are sure to drink up: There's a new, refreshingly fizzy choice in the beverage aisle—it's a healthy soda that doesn't contain any of the "bad stuff" those carbonated soft drinks are known for.

Fizz Ed is an all-natural fruit juice and sparkling water beverage that's a healthy alternative to traditional sodas on the market. Available in four great-tasting varieties—Red Raspberry, Orange Mango, Pomegranate Cherry and Green Apple—Fizz Ed contains none of the high-fructose corn syrup or artificial ingredients found in carbonated soft drinks.

Approved by the USDA for sale in schools, each single-serving,



At home and at school, children now have a fizzy, flavorful and, most importantly, healthy beverage option.

8-ounce can contains a refreshing blend of 70 percent pure fruit juice and 30 percent sparkling water.

"Most kids love soda, and Fizz Ed gives them the taste they're looking for in a wholesome, healthy format that parents and school decision makers can feel good about offering," said Marlo Mittler, M.S., R.D. "It's exactly the type of product I've been hoping to see out there for some time."

For additional information, including complete nutritional information and a listing of retail availability, visit the Web site at www.appleandeve.com.