



spotlight on health

Finding Nausea Relief

(NAPSA)—There may be a simple and natural way to deal with a common side effect of cancer treatment. Nausea—which affects thousands of people undergoing chemotherapy—can dramatically affect quality of life and sometimes lead to poor appetite, vomiting, dehydration and severe weight loss.

Ginger has been used in Asia as a nausea-relieving medicinal herb for thousands of years. Now



Ginger gum could help prevent chemotherapy-related nausea.

ginger gum may help people in the U.S. deal with the condition.

The fast-acting gum from Sea-Band, called Anti-Nausea Ginger Gum, provides relief by delivering the healing power of ginger under the tongue while also increasing the production of saliva, the body's natural nausea defense. The FDA has also approved an acupressure wristband from the company for nausea relief. Clinically tested and reusable, the bands are designed to work immediately. A randomized, controlled trial of patients undergoing radiation therapy showed acupressure bands were effective in controlling nausea.

The products are at Rite Aid, CVS and Walgreens. Visit www.sea-band.com for more information.