

Pointers For Parents

Fire Safety

(NAPSA)—Do your kids know what to do in the event of a fire? Do they know who to call or what to say? How much have you taught them about fire safety? According to the United States Fire Administration, more than 80 percent of fire deaths occur in residences and cooking fires are the leading cause of home fires and fire injuries! To keep your family protected, it is the responsibility of every member of the family to know what to do in the event of a fire.

By teaching children a few essential safety guidelines, parents can help protect the whole family. Here are a few simple tips to keep you out of danger:

- Install smoke detectors on all floors of your home (see manufacturers' directions for proper placement) and remember to change the batteries twice a year.

- Practice a family fire drill monthly.

- Explain the importance of getting out of a burning house safely. Instruct children to take nothing with them—no toys, etc.

- Plan two escape routes to the outside from each room.

- Practice dialing 911 with young children.

- Rehearse what they should say in an emergency.

- Remember, if there is a big fire going out of control, leave the house immediately, dial 911 and do not go back into the house for anything.

- If hair or clothing catch fire Stop, Drop and Roll! to put out the flames.

- Have help in the kitchen. A great aid in the initial handling of



small kitchen and electrical fires is probably already in your cabinet—ARM & HAMMER® Baking Soda.

- For initial handling of small kitchen or electrical fires, quickly turn off gas or electricity while standing back and tossing handfuls of the Baking Soda at base of flames. If the fire continues to burn, leave the house immediately and dial 911.

- Designate a box of ARM & HAMMER® Baking Soda specifically as the family's "Fire Safety Soda" and always keep it handy in the kitchen.

For treating minor burns:

- Apply cold water and ice immediately.

- Apply a soothing ARM & HAMMER® Baking Soda paste (3 parts Baking Soda to 1 part cold water) to the burned area and cover with a cool damp cloth.

- If the burn is serious (more than a superficial skin burn), call your doctor or 911.

It is never too soon to teach your family how to be safe. Taking a few small preventative measures now is certainly a lot easier than dealing with the damaging effects of a fire in your home.