

MANAGING YOUR MONEY



Five Appliances That Can Help You Save Money

(NAPSA)—If you're looking for ways to save money, you may want to take a new look at some of the appliances you probably already have in your home.

Here's a list of suggestions from the Association of Home Appliance Manufacturers on how your appliances can help you save money:

1. **Coffeemakers**—Save on pricey coffeehouse blends by brewing your morning cup at home. Resisting a three-dollar cup of coffee will save you nearly \$1,000 per year.

2. **Freezers**—Stock up on frozen foods when they are on sale. In 2008, shipments of home freezers were up 5 percent as consumers started to realize the savings in stocking up on frozen sale items. Also, remember to shop for an Energy Star freezer to save even more on energy costs.

If you replace your freezer or refrigerator, do not use the old one as a second appliance. Properly recycle the appliance. To find recycling options, call (800) YES-1-CAN.

3. **Water filters**—Use a water filtration system in your refrigerator instead of buying bottled water.

This practice will save you money and will help the environment by reducing the number of plastic bottles that clog landfills.

4. **Portable electric heaters**—Turn down the heat and use portable heaters in rooms that are



Making your morning coffee at home rather than buying it on your way to work can help you save nearly \$1,000 a year.

used frequently. Keeping the thermostat down will save money while portable heaters provide direct and quick warmth.

5. **Electric ovens**—An electric oven turned on for one hour on 350°F only uses 2kWh of electricity, costing just 24 cents. The cost of dining out can add up quickly. Cooking at home can help you save.

Additionally, the energy consumed by home appliances has dropped sharply in the last 10 years. Replacing an eight-year-old refrigerator, dishwasher and clothes washer with new appliances of average efficiency can save about \$95 a year in energy bills.

For more tips for saving money and energy around your home, visit www.aham.org/consumer.