

# *the* Science of Sight

## Flawed Vision? You Have Options

by Dr. Howard Purcell 

(NAPSA)—So you just heard the news. You need to correct your vision deficit.

Fortunately, you have options—glasses, contact lenses and even some surgical procedures. Eye care consumers need to study their options carefully, consult with an Eye Care Professional and make informed decisions.



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Glasses are the choice of many people facing their first corrective procedure. First-time users are warned it takes two to three weeks to become accustomed to their glasses. Side effects may include mild dizziness, mild headaches and, rarely, nausea. The primary effect, however, is improved vision.

Today's contact lenses come in a variety of types—rigid and soft, daily wear and extended wear, even colored lenses. Your Eye Care Professional will assist you in selecting the most appropriate choice for you and your eyes. There are benefits to contacts; some people just don't like the look of glasses and there are none of the problems associated with glasses, such as sore ears, slippage and misplaced glasses, and for many the most important benefit is an enhanced field of view.

LASIK (Laser-Assisted In Situ Keratomileusis) is the most widely advertised vision-correcting surgery. LASIK has enjoyed much success, but its short-term complications and long-term effects are still being assessed.

People needing vision correction should explore their options and discuss them with their Eye Care Professional. LASIK, glasses or today's new and improved contact lenses offer a range of choices to meet every person's needs. For additional information about eye care, visit [www.acuvue.com](http://www.acuvue.com).

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*Note to Editors: This is the 7th in a series of 12.*