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# Good News Department

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## Fluoride and Bottled Water

(NAPSA)—If you are one of the millions of Americans who drink bottled water, you may have yet another reason to smile. Several brands of bottled water contain fluoride. So for consumers who want fluoride in the water they drink and wish to choose bottled water, a brand with fluoride can be the perfect answer.



**Drink Up: Some bottled water brands contain fluoride.**

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Fluoridated bottled water is clearly labeled, so consumers will know whether or not they are choosing bottled water with or without the mineral. About 30 companies that belong to the International Bottled Water Association (IBWA) produce fluoridated bottled water.

The U.S. Food and Drug Administration (FDA) fully regulates all bottled water as a packaged food product, with stringent safety, labeling and other standards so consumers can rely upon safe, high quality and good tasting bottled water products.

Consumers with questions about their specific fluoride needs should talk to their dental or health care provider first.

Visit [www.bottledwater.org](http://www.bottledwater.org) for a list of IBWA member companies that produce fluoridated bottled water, and for a list of all IBWA member brands and other bottled water information.