

Gardening Corner

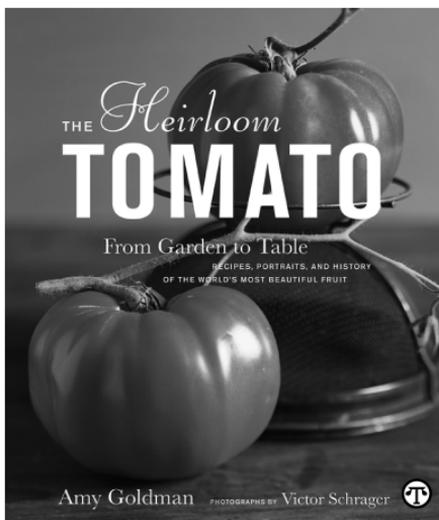
For Fans Of Heirloom Tomatoes: The Ultimate Guide To The Best For Your Garden And Table

(NAPSA)—Devoted tomato fans, longing for summer's bounty, can spend their winter planning next year's garden. The best varieties, gardening know-how, seed sources and recipes can be found in Amy Goldman's new book—"The Heirloom Tomato: From Garden to Table."

According to Goldman, a noted gardener and horticultural preservationist, heirloom tomatoes have become the "rock stars" of farmer's markets and specialty food stores. "People are seeking out more beauty, more flavor and better nutrition on their dinner plates. In my 35 years of experience, I have learned that heirlooms, ripened on the vine in full sun, are the most delicious tomatoes of all." Goldman points out that rising food costs and food safety concerns are also sparking a return to garden-grown vegetables.

Aficionados will savor Goldman's book in any season. Passionate about tomatoes, "The Heirloom Tomato: From Garden to Table" features stories and descriptions of 200 of Goldman's favorites, winnowed down from a thousand varieties she tested in her garden over the course of five summers. Each heirloom is given star status with magnificent photographs by award-winning photographer Victor Schrager.

"The Heirloom Tomato: From Garden to Table" delights the reader with wonderful tales of each heirloom's origins while honoring the farmers and gardeners who grew them year after year. "Radiator Charlie's Mortgage Lifter" was named because the hefty, big beefsteak tomato helped



A new book celebrates the heirloom tomato.

its grower pay off his home loan. Seeds of "Nebraska Wedding"—the ultimate love apple—were a cherished gift to new brides and then handed down from generation to generation.

For those whose main interest is in the pleasures of the kitchen, the book offers 50 wonderful recipes including three kinds of heirloom salsas, a unique tomato and peach tart, tomato chips and even a Thai tomato cocktail.

A committed advocate of agricultural biodiversity, Goldman serves as board chair of Seed Savers Exchange, the nation's premier nonprofit membership organization devoted to garden seed preservation. She is also the author of two other highly acclaimed books—"Melons for the Passionate Grower" and "The Compleat Squash: A Passionate Grower's Guide to Pumpkins, Squashes, and Gourds."

For more information, visit www.rareforms.com.