

# Health Bulletin



## Foreign Invaders Compromise The Body's Immunity

(NAPSA)—When functioning optimally, the body's immune system helps defend against all negative influences and keeps the body free from infection and illness. Now, with the help of certain dietary supplements, it may be possible to boost those defenses.

### The Problem

The human body is constantly challenged by germs and viruses from contaminated foods, unsanitary water, contact with unclean surfaces and the very air we breathe. Left unchecked, these same germs and viruses invade the body, multiply rapidly and threaten our overall well-being. In other words, we catch the next "bug" (head cold, intestinal flu, diarrhea, etc.) that's going around and get sick. Over 80 percent of these "bugs" invade our bodies through the mouth and GI tract.

The good news is that a healthy immune system is designed to stop or control this invasion, thus minimizing any adverse effects. It accomplishes this by presenting a defense largely comprised of highly adaptive immune proteins known as immunoglobulins. These are the soldiers that make up our first line of defense in the GI tract. They identify and neutralize a wide variety of bacteria and viruses before they can establish a base of operations from which they can grow, multiply and make us ill. A healthy immune system delivers about five grams worth of immunoglobulin to the GI tract daily.

The bad news is that our bodies and our immune system aren't always operating at their healthy best. Modern-day stresses, poor nutrition, lack of sleep, old age, travel and crowded conditions can substantially weaken our body's ability to defend itself. When the



**Nutritional supplements can help support the body's immune system, providing added defense against germs and bacteria.**

body is under duress, the immune system releases less immunoglobulin into the GI tract—and our first line of defense is weakened. Germs and viruses are able to flourish in the GI tract and the probability of getting sick increases dramatically.

A nutritional supplement called ImmunoSense was developed to specifically support GI tract health by providing an instant boost to the immune system. This all-natural immunoglobulin formula goes to work immediately to neutralize germs and help the body protect itself from "foreign invaders." The scientifically researched product has been shown to help protect and maintain the gastrointestinal tract and supports the body's immune response.

Millions of people may find that including ImmunoSense in their daily regimen can optimize their good health and well-being. The product was developed by NutraSense Inc., a supplier of all-natural, American-made nutritional supplements. To learn more, visit [www.ImmunoSense.com](http://www.ImmunoSense.com).