

# Frozen Foods A Good Fit For Busy Families

(NAPSA)—Many believe that variety and convenience are the keys to planning meals for today's family.

That may also be why many homemakers seek out prepared frozen foods that allow them to present quality home-cooked meals that satisfy different tastes and schedules. According to a study by Packaged Facts, 92 percent of consumers use some form of ready-to-eat foods on a daily basis.



For example, a new line of frozen dishes from Joy of Cooking is designed to deliver meals featuring great taste and flexibility that consumers can prepare in minutes. The dishes can also be used in different combinations for a special dinner.

The products have zero grams trans fat per serving, no artificial colors or flavors and most are preservative-free.

Inspired by the famous *Joy of Cooking* cookbook, dishes in the line include entrees such as Roasted Herb Chicken and Braised Beef Tips & Egg Noodles, and sides such as Joy's Best Loved Macaroni and Cheese.

To learn more, visit [www.joyofcookingfoods.com](http://www.joyofcookingfoods.com).

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*Editor's Note: This product is currently available in Cincinnati, Indianapolis, St. Louis, Minneapolis, Phoenix, San Antonio, Detroit, Grand Rapids, Columbus, Louisville, Atlanta, Salt Lake City, Boston, Buffalo, Rochester, Orlando, Denver, Hartford, Tampa, Houston, Dallas, Metro NYC/NJ, Syracuse.*