



Glasses—One Pair Won't Do Anymore

(NAPSA)—In today's high-tech and fast-paced world, it would be farsighted to have multiple pairs of glasses and eyewear so all visual tasks can be accomplished easily and comfortably.

"Just as one pair of shoes won't suffice for business, tennis, evening wear, and casual time, so one pair of eyeglasses can't work for everything you do every day," according to Janet Cunningham, spokesperson for the Vision Council of America.



Even contact lens wearers need sunglasses to diminish glare. Progressive lens wearers, as well as regular contact lens wearers, often need readers. Don't forget clip-ons that can make a pair of ordinary glasses serve multiple purposes.

The big question is how to decide what's best for you. This is why it's important to have regular eye exams by an eye doctor. He or she can suggest the proper eyewear for specific tasks, making sure you get what is best for your individual needs.

If sports are a favorite pastime, a qualified eyecare professional can make sure you select what's appropriate for your particular passion.

Eyewear doesn't have to be all function, either. Today, glasses can complete one's wardrobe and convey a certain image.

To learn more about choosing eyewear, visit www.visionsite.org.