



# Health Hints



## PGA TOUR Golfers Spread The Word About Arthritis Treatment

(NAPSA)—A recent study from the Centers for Disease Control and Prevention (CDC) reveals that as many as 70 million—or one in three—adults suffer from arthritis or chronic joint symptoms. This surpasses a previous estimate of 43 million persons with arthritis.

With so many people affected by arthritis, many Americans have a loved one with the disease. PGA TOUR golfers Brian Bateman, Joe Durant, Chris Smith and Mike Sposa are no exception. All four of their mothers have been diagnosed with osteoarthritis.

“My mom was diagnosed with arthritis about 10 years ago,” said Mike Sposa, who recently finished in the top-10 at the 2003 Chrysler Classic of Tucson. “My mom is my biggest fan. She used to walk with me almost every round I played, but the arthritis really slowed her down.”

The same was true for Bateman, Durant and Smith—arthritis was keeping their biggest fans out of their gallery.

Over the past few years, each mother went to her personal

### TIPS TO HELP B.E.A.T. ARTHRITIS

- Pay attention to pain signals. Pain is a warning sign that something is not right with your body.
- Talk to your doctor about arthritis, possible treatments and an exercise program that's right for you.
- Call 1-877-480-BEAT (2328) for free information about arthritis, or log on to [www.celebrex.com](http://www.celebrex.com) or [www.arthritis.com](http://www.arthritis.com)



physician and was prescribed Celebrex (celecoxib capsules) for her osteoarthritis. Although individual results may vary, taking Celebrex has helped reduce arthritis pain. With less pain, they can spend more time cheering for their sons greenside instead of just watching them on television.

“Now that she found an arthritis treatment that works for her, she is back out on the course again cheering me on,” Sposa continued.

Witnessing the success that their mothers have had managing the pain and stiffness of their arthritis, Bateman, Durant, Smith and Sposa have teamed up to take part in the B.E.A.T Arthri-

tis™ campaign: Boost Education of Arthritis Treatment. The campaign aims to increase awareness about arthritis and effective treatments for the condition.

“My mom is more active than she was five years ago because she went to her doctor to find an arthritis treatment that worked for her. I want to do what I can to encourage others to do the same,” said Durant, who already has two top-10 finishes on tour this year.

Prescription Celebrex is not for everyone. People with aspirin-sensitive asthma or allergic reactions due to aspirin or other arthritis medications or certain drugs called sulfonamides should not take Celebrex. In rare cases, serious stomach problems, such as bleeding can occur without warning. The most common side effects in clinical trials were indigestion, diarrhea and abdominal pain. Celebrex should not be taken in late pregnancy. Tell your doctor if you have kidney or liver problems.

For important product information, please call 1-888-CELEBREX or visit [www.celebrex.com](http://www.celebrex.com).