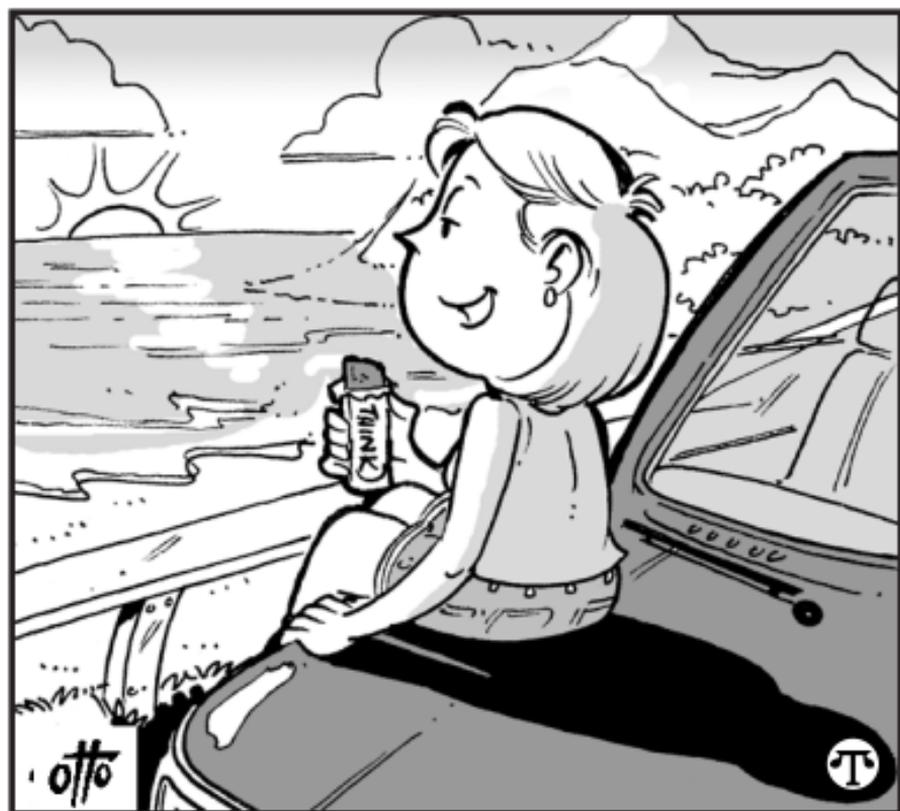


Nutrition For Active People

Healthy Meals To Go

(NAPSA)—More and more Americans eat on the go—in their cars, at their desks, just about anywhere but at home. Many experts believe this is contributing to the rapid increase in diagnosed cases of obesity and diabetes.



More and more Americans eat on the go instead of at home.

Many Americans find it hard to prepare fresh, healthful meals at home, to feed themselves “real food” to power their brains and bodies.

It helps to know just what you’re eating. Always read the labels.

One good idea came from busy model Lizanne Falsetto, who struggled with trying to eat healthy foods on the run. She developed a “real food, fast food” philosophy. This proved so successful that she ended her modeling career and founded Think Products to make real food that is as easy to eat as a candy bar.

Falsetto explains, “It’s important to look for nutrition bars that use real food and very high-quality ingredients; all of which are natural, free of additives and taste great. The ingredients in our bars help increase energy levels and support dietary concerns.”

For more information, visit www.thinkproducts.com or call (866) 988-4465.