



## HEART HEALTH

THE AMERICAN HEART ASSOCIATION REPORTS OVER SIX BILLION PEOPLE LIVE WITH HEART FAILURE. IT OCCURS WHEN THE HEART IS TOO WEAK TO PUMP BLOOD PROPERLY.

IF YOU DEVELOP COUGHING, WHEEZING, DIFFICULTY BREATHING, FATIGUE, NAUSEA, CONFUSION AND SWOLLEN LEGS, SEE A DOCTOR.

THE EARLIER YOU GET HELP, THE BETTER YOUR CHANCES. THE CONDITION CAN BE MANAGED BY LIFESTYLE CHANGES, MEDICATION, SURGERY AND CERTAIN DEVICES.

FOR FREE TOOLS ON PREVENTING AND DEALING WITH THE DISEASE, VISIT [RISE-ABOVE-H-F--DOT--ORG](http://RISE-ABOVE-H-F--DOT--ORG), NATIONALLY SUPPORTED BY NOVARTIS PHARMACEUTICALS CORPORATION.