

Heart Health News

(NAPSA)—A class of drugs designed to fight high cholesterol is showing promise in saving lives.

Studies found that statins, which are commonly used to reduce cholesterol, have additional benefits. The nonprofit Senior Center for Health and Security's "Saving America's Seniors with Statins" report showed that people using one type of statin suffered half as many strokes, heart attacks and deaths from heart disease as those taking a placebo. Another study showed a correlation between improved kidney function and use of a particular statin.



Cardiovascular disease, the No. 1 killer in the U.S. today, may be beaten by statin drugs.

A third found that men taking a statin for five years experienced fewer deaths and heart attacks 10 years later even though most stopped taking the drug.

Senior Center Policy Director Al Cors urges, "Talk with your doctor to determine which statin can help you." He also said good communication among patients and doctors is critical because of the many statin options and learning which regimen is best for cardiovascular health. Many patients don't know they may have affordable access to the most effective medications.

The full report is available at www.seniorsforcures.org.