



Education Today

Helping Students Plan Their Careers

(NAPSA)—If the young people you know are like most, they leave the decision of what to do after high school, until after they actually leave school.

What's more, according to a recent survey, only 10 percent of high school students get any career guidance at school. More than half could think of no one at school who helped them with career exploration. Many teens' career decisions are influenced by the media or by their peers with little thought of what they might personally be interested in or motivated to do. If they are college bound, they may simply keep changing majors until they "find something they like."

Fortunately, there are steps parents, teachers and others can take to help. For one thing, you can look into *The Career Liftoff Personal Career Exploration Guide*, including the *Career Liftoff Interest Inventory*. It's a career exploration program that helps students discover their interests. It includes exercises that can provide relevant information, helpful techniques, and constructive feedback. Then, it shows how to take that information to the marketplace. The program even includes advice on "how to research occupations and careers on the Internet," "how to write resumes," and "how to interview."

According to the program's



Find a job you love and you'll never work a day in your life, experts advise parents to tell students.

authors, Jim Lewis and Gary Anderson, for students to identify their interests and connect them to a college major or a career, they need an interest inventory. That is, a way to discover what the student wants to do to have a satisfying career and life. Work may change, Lewis and Anderson believe, but an individual's interests remain true for a lifetime.

Once the direction of interest is set, the student can go about getting information about colleges, career options, salaries, training and so forth.

You can learn more online at www.careerliftoff.com.