

Homemade Purified Water— A Resolution For A Better, Greener Me

by Claire Insilla

(NAPSA)—Every day can be Earth Day when you resolve to live a greener, healthier life.

Like many of us, I struggle to make my “green” resolutions last even a few months. This year, I’ve discovered something I can really



stick with, a concept that will change my life and help the world around me—I will give up bottled water and drink homemade, purified water.

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For my resolution to become a permanent change, it would have to be easy to do and maintain, a healthy lifestyle change and affordable. Drinking good, clean water will keep me well hydrated and healthy, whether at home or on the go. And so began my mission to find a way to simply make my own high-quality, purified water at home.

I started researching ways to purify my tap water. My plumber suggested I install a reverse osmosis system to remove all impurities from my tap water. But he failed to tell me about the hefty price tag associated with installing and maintaining such systems, not to mention the incredible amount of water waste and energy needed for them to run. One of my friends suggested I invest in home delivery of large-capacity, purified water bottles instead. But again, this comes with a substantial price tag and would not rid me of my reliance on bottled water.

Luckily, a few weeks ago, my colleague told me about ZeroWater—a wonderful solution for



Homemade purified water is easier than you might imagine with a special pitcher, filter and meter to test for impurities.

obtaining purified water right at home.

Unlike other water filter pitchers or faucet-mounted filters available, the ZeroWater pitcher seems to eliminate everything from water, delivering refreshing, wonderfully pure H₂O. This product even comes with a water tester—an independently manufactured monitor that measures the total dissolved solids (TDS) found in water—so that you can test your water before and after filtering.

I bought the pitcher and quickly put it and the meter to use. As instructed, I first measured my tap water—186 TDS. This number reflects the amount of potential “bad stuff” in the water, such as chlorine, lead, mercury and aluminum. After filtering my tap water, the reading was 000—all the impurities were gone. I have found a change worth keeping—a resolution for a better, greener me.

Claire Insilla frequently writes about products for the home and has 10-plus years of experience in product testing.