

Hope And Support For Couples Unable To Conceive

(NAPSA)—Millions of American couples face a common problem: infertility. The condition affects approximately 7.3 million women and their partners in the United States, or about 12 percent of the reproductive-age population, according to the Centers for Disease Control and Prevention. For those unable to conceive, the decision to undergo fertility treatment can mark the beginning of an exciting and sometimes complex journey.

Even for couples who are well prepared, the process of fertility treatment can often be overwhelming. Not only will partners need to discuss and identify the best treatment plan with their health care professional, they must also map and follow ovulation cycles, manage and administer medications and understand their medical coverage. Specialty pharmacies with experience in infertility treatment, such as the CVS Caremark Specialty Pharmacy Fertility Care Program, can help couples navigate the intricacies of managing their fertility medications and provide support and personalized care. CVS Caremark Specialty Pharmacy takes an active role in the care of couples that enroll with the program, working directly with the couples, their doctor and their insurance company to coordinate care.

When a couple enrolls with the CVS Caremark Specialty Pharmacy Fertility Care Program, a pharmacist-led CareTeam is assigned to the couple. This CareTeam provides the couple with comprehensive support and education about the appropriate use of the medications prescribed by their doctor, information about how to store and handle the medications, details about potential side effects, and support on how to properly inject their medications. The program also provides support on understanding your prescription coverage for fertility



Specialty pharmacies could help couples facing a surprisingly common issue.

medications, access to on-call pharmacists 24 hours a day, 365 days a year for emergency consultations, education, and prompt delivery of medications.

As couples explore fertility treatment and consider their specialty pharmacy options, here are some important questions to consider:

- How does the referral process work?
- Who is responsible for overseeing my care?
- Will I have comprehensive access to fertility treatment medications?
- How will I know which treatment is right for me?
- What information is available to me online and in print?
- If I have a question after business hours or even in the middle of the night, who can I talk to?
- What reimbursement services are available?

Finding Help

A network of support and a community of care are available for couples pursuing their dreams to conceive and start a family. For more information, call (888) 826-5632 or visit www.caremark.com/fertility.