



spotlight on health

Resources And Hope For Psoriasis Patients

(NAPSA)—Imagine having a chronic disease that causes your skin to be red, scaly and shed at an abnormal rate. For the 4.5 to 7 million Americans with psoriasis, this condition is a reality, which often leaves them feeling embarrassed and depressed.

Fortunately, help is now available at PsoriasisConnect.com. This online resource offers information about living with psoriasis and insights about alleviating symptoms. People with psoriasis can also find facts about the disease and read stories about others who understand that problems associated with psoriasis are more than skin deep.

Using the Web site's resource library, psoriasis patients and their loved ones can find links to information about food and nutrition, finding a doctor and more. They can learn about recognizing the signs of depression and receive practical advice on how to talk to their coworkers about psoriasis. Site visitors also can sign up for a free magazine full of more resources and personal stories about living with psoriasis.

PsoriasisConnect.com provides information about lifestyle and descriptions of a variety of treatments, which may be effective for



If you have psoriasis, it's important to be proactive about finding the best treatment.

different patients. Options include topical treatments such as coal tar, light therapy and systemic treatments such as methotrexate and biologic therapy, the latest advance in psoriasis treatment.

As a result of the symptoms and the discomfort associated with psoriasis, the condition can often be isolating, causing people to withdraw from their normal lives and those around them. PsoriasisConnect.com provides important information about living with psoriasis, offering a new resource to individuals and a new source of hope to those who struggle with this condition.